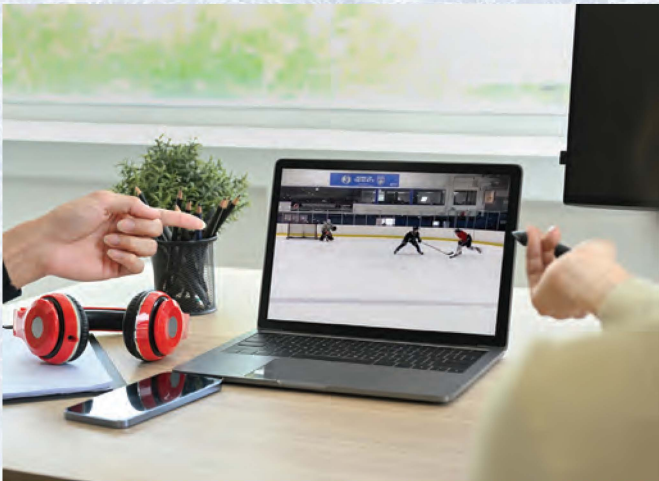


# ***PULSE HOCKEY TRAINING***

**presents**

## **VIDEO REVIEW AND ANALYSIS SESSIONS**

**One on One Sessions with your son or daughter, or as a full team, reviewing their games from the weekend. Single session and packages will be available.**



### **Our Goal:**

**The goal of the Video Analysis Program is to help each player improve their hockey IQ by identifying common trends, building on strengths, and developing areas of improvement.**

### **Who is this program geared towards?**

**Players who are invested, committed, and serious about their hockey development will benefit from the Video Analysis Program. Hockey requires as much mental capacity as skill and physical strength. If you are an athlete who recognizes the importance of improving your mental game, this is the program for you.**

### **Each player is unique.**

**Video Analysis Program will help the player recognize their strengths and weaknesses, understand how to utilize their assets, and help build a plan for future development.**

**For pricing or to register go to [Pulsehockey.net](http://Pulsehockey.net)  
Questions email [pulsehockeytraining@gmail.com](mailto:pulsehockeytraining@gmail.com)**